



## Masterclass in Geriatric Medicine

### Preliminary program

Self-paced learning package, available from late April 2023

Topic	Learning objectives
<p><b>Navigating clinical aging research</b></p> <p><b>Dr Natali Jokanovic</b>, Post-doctoral Researcher, Alfred Health and Monash University, Melbourne, Vic</p>	<ul style="list-style-type: none"> <li>• Interpret clinical trial results and its relevance to the care of older adults</li> <li>• Evaluate strength and quality of evidence, outcomes, limitations, absolute risk reduction, and generalisability to patient groups</li> <li>• Discuss practicalities and limitations in conducting research in older adults</li> </ul>
<p><b>Interpreting and utilising cognitive assessment tools</b></p> <p><b>Dr Sarah Bernard</b>, Specialist Geriatrician, North Metropolitan Health Service, Perth, WA</p>	<ul style="list-style-type: none"> <li>• Interpret common validated cognitive assessments tools such as Abbreviated Mental Test Score (AMTS), Mini Mental Scale Examination (MMSE), Montreal Cognitive Assessment (MoCA) Rowland Universal Dementia Assessment Scale (RUDAS)</li> <li>• Evaluate patient cognitive assessments tool results in the assessment of patient's ability to self-manage medications and adherence</li> </ul>
<p><b>Controversies in geriatric pharmacology</b></p> <p><b>Dr Sarah Hilmer</b></p>	
<p><b>Principles of stewardship for psychotropic, anticholinergic and sedative medications</b></p> <p><b>Dr Nashwa Masnoon</b></p> <p><b>Kate Woods</b></p> <p><b>Gauri Godbole</b></p>	<ul style="list-style-type: none"> <li>• Describe systematic and multidisciplinary approaches to facilitate appropriate prescribing, deprescribing and avoid adverse events with psychotropic, anticholinergic and sedative medications</li> <li>• Discusses evidence-based risk-reduction strategies for minimising the use of drugs that are associated with cognitive decline (e.g. anticholinergics, benzodiazepines).</li> <li>• Understand how to utilise clinical risk assessment tools such as the Drug Burden Index to prioritize and guide medication reviews</li> </ul>



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Preliminary program: live seminar

All times listed are in AEST

**Saturday 3 June 2023**

Time (AEST)	Session
0945-1000	Online login and registration available
1000-1005	Welcome and introductions
1005-1035	<b>Review of self-paced learning package content with open Q&amp;A</b> Richard Bolitho, Pharmacist Advanced – Team Leader Robina Hospital, Pharmacy, Gold Coast Health, Robina, Qld
1035-1150	<b>Workshop: Critical appraisal</b> Led by Dr Natali Jokanovic, Post-doctoral Researcher, Alfred Health and Monash University, Melbourne, Vic
1150-1215	Break
1215-1330	<b>Workshop: Cognitive assessments and discharge planning</b> Led by Richard Bolitho, Pharmacist Advanced – Team Leader Robina Hospital, Pharmacy, Gold Coast Health, Robina, Qld
1330-1345	Break
1345-1500	<b>Clinical case session and simulation: Changed patient behaviours</b> Led by David Nguyen
1500-1530	<b>Interactive discussion and open Q&amp;A</b> Facilitated by David Nguyen and Richard Bolitho
1530	Close of Masterclass

*Please note: presentation recordings from the live virtual seminar will not be available*