

## Program

*This seminar will be delivered by a combination of a 6-week self-paced learning package followed by a live one-day seminar*

### Self-paced learning package available from Friday 29 July 2022

The self-paced learning package comprises approximately 4.5 hours of learning materials. The self-paced learning package materials must be completed prior to attending the live virtual seminar.

Topic	Presenter	Learning objectives
Definitions, principles, philosophy and ethics of patient centred-care	<b>Natalie Panizza</b> , Nurse Practitioner Palliative Care, Royal Perth Hospital, Perth, WA	<ul style="list-style-type: none"> <li>Outline the principles, core values and philosophy of palliative care</li> <li>Recognise ethical issues pertinent to caring at the end-of-life</li> <li>Describe phases of palliative care</li> <li>Identify settings for provision of care</li> <li>Demonstrate the value of an interdisciplinary team with shared goals in palliative care</li> </ul>
Overview of physical and psychological symptoms in palliative care	<b>Penny Tuffin</b> , Adv Prac Pharmacist – Palliative Care, WA Country Health; Fiona Stanley Hospital; Bethesda Hospital, Perth, WA	<ul style="list-style-type: none"> <li>Identify common symptoms in palliative care</li> <li>Explain the principles for assessing common symptoms</li> <li>Recognise the value of pharmacological and non-pharmacological treatment options</li> <li>Describe the need for patient-centred treatment plans based on a patient's phase of care</li> </ul>
Management of common symptoms	<b>Penny Tuffin</b>	<ul style="list-style-type: none"> <li>Identify causes and clinical features of symptoms</li> <li>Discuss assessment of common symptoms</li> <li>Describe pharmacological and non-pharmacological treatment options for managing symptoms</li> <li>Develop patient-centred management plans based on a patient's phase of care</li> </ul>
Pain assessment	<b>Natalie Panizza</b>	<ul style="list-style-type: none"> <li>Demonstrate elements of a holistic pain assessment</li> <li>Differentiate between pain types and descriptions</li> <li>Explain need for ongoing assessment of pain</li> </ul>
Safe use of opioids	<b>Josephine To</b> , Senior Pharmacist, Division of Aged Care, Rehabilitation and Palliative Care, Northern Adelaide Local Health Network, Adelaide, SA	<ul style="list-style-type: none"> <li>Describe choice and titration of opioids</li> <li>Demonstrate opioid conversion</li> <li>Explain monitoring of analgesia and response to adverse effects</li> <li>Recognise risks of opioids in this patient cohort</li> </ul>

Neuropathic pain	<p><b>Associate Professor Kirsten Auret</b>, Clinical Director Palliative Care WACHS, Rural Clinical School of WA, Perth, WA</p>	<ul style="list-style-type: none"> <li>• Differentiate between neuropathic and somatic/visceral pain</li> <li>• Describe choice and titration of neuropathic analgesia</li> <li>• Evaluate the risks of neuropathic analgesia</li> <li>• Explain monitoring of analgesia and response to adverse effects</li> </ul>
Medication access, prescribing and deprescribing	<p><b>Vicki Poulter</b>, Clinical Pharmacist, Palliative Care, The Prince Charles Hospital, Brisbane, Qld</p>	<ul style="list-style-type: none"> <li>• Describe medication use considerations, focusing on access and cost</li> <li>• Identify barriers to medication access across settings of care</li> <li>• Facilitate ongoing medication supply</li> <li>• Explain prescribing approaches across disease trajectories</li> <li>• Outline deprescribing principles based on patient's phase of care</li> </ul>
Subcutaneous infusions	<p><b>Robert Wojnar</b>, Education and Training Senior Pharmacist, Cabrini Health, Melbourne, Vic</p>	<ul style="list-style-type: none"> <li>• Identify appropriate patients/situations for use of a subcutaneous infusion</li> <li>• Describe limitations of medication licensing for subcutaneous administration</li> <li>• Review evidence for medication administration via subcutaneous infusion</li> <li>• Rationalise medication choice and combinations</li> </ul>

## Program

Live virtual seminar - All times listed are in AEST

Please note program times are subject to change until the program has been finalised.

Saturday 10 September 2022

Time (AEST)	Session
0945-1000	Online login and registration available
1000-1005	<b>Welcome and introductions</b> <b>Penny Tuffin</b> , Adv Prac Pharmacist – Palliative Care, WA Country Health; Fiona Stanley Hospital; Bethesda Hospital, Perth, WA
1005-1030	<b>Introduction to palliative care</b> <b>Penny Tuffin</b>
1030-1100	<b>Q&amp;A: online learning content</b> <b>Penny Tuffin &amp; Robert Wojnar</b> , Education and Training Senior Pharmacist, Cabrini Health, Melbourne, Vic
1100-1115	<b>Pain management quiz</b> <b>Anthony (Tony) Hall</b> , Clinical Pharmacist, advanced. Gold Coast Interdisciplinary Persistent Pain Clinic   Senior Lecturer, Queensland University of Technology Faculty of Health, Qld
1115-1130	<b>Q&amp;A: Pain assessment and management</b> Facilitated by: <b>Robert Wojnar &amp; Tony Hall</b>
1130-1150	Break
1150-1250	<b>Case study: Pain management</b> Led By: <b>Penny Tuffin</b> Tutor Team: <b>Robert Wojnar &amp; Tony Hall</b>
1250-1305	<b>Symptom management quiz</b> <b>Jane Lewis</b> , Senior Pharmacist, Transition of Care Pharmacy Townsville University Hospital
1305-1320	<b>Q&amp;A: Symptom management</b> Facilitated by: <b>Jane Lewis &amp; Vicki Poulter</b> , Senior Pharmacist, The Prince Charles Hospital, Brisbane, Qld
1320-1350	Break
1350-1435	<b>Terminal phase of care</b> <b>Penny Tuffin</b>
1435-1535	<b>Case study: Changing phases of care</b> Led By: <b>Penny Tuffin</b> Tutor Team: <b>Jane Lewis &amp; Vicki Poulter</b>
1535-1555	<b>Open Q&amp;A</b> Facilitated by: <b>Penny Tuffin &amp; Vicki Poulter</b>
1555-1600	Seminar close <b>Penny Tuffin</b>