

Media release | Monday 17 March 2025

New edition and a new era for *Don't Rush to Crush*

Informed by Australia-first research, the essential resource has a new look and is now fully digital.

Advanced Pharmacy Australia (AdPha) today released a new edition of *Don't Rush to Crush*, Australia's essential guide to safely administering oral medicines to people with enteral feeding tubes or swallowing difficulties, marking the shift to a fully digital resource.

Included in the Pharmacy Board of Australia's list of essential references for pharmacy practice, *Don't Rush to Crush+* now includes comprehensive information on more than 600 oral medicines available in Australia, and is accessible via the [eMIMS](#) and [AusDI](#) platforms.

AdPha President Tom Simpson FANZCAP (Lead&Mgmt) says the shift to cease printing reflects growing user preference to access the resource online, while enabling more detail and more regular updates.

'We're pleased to re-launch Don't Rush to Crush+, with the online format enabling a more flexible and targeted presentation of monographs and an agile response to changes and new information.'

'Updates to monographs will now be released four times a year, with focus on a different therapeutic class each quarter.'

'The shift respects that health professionals and trainees – including pharmacists and pharmacy students, nurses and nursing students, health professionals in aged care, speech pathologists and dietitians – prefer the accessibility and convenience of online information.'

'While we may still print Don't Rush to Crush on-demand or to aid accessibility, the move represents a more environmentally sustainable approach to this staple of patient care in Australia.'

Dr Lisa Pont FANZCAP (Edu.GeriMed), Chair of the *Don't Rush to Crush* Editorial Committee and member of the AdPha Geriatric Medicine Leadership Committee, says the new edition increases focus on patient safety, informed by collaborative research.

'The recommendations in Don't Rush to Crush+ are informed by our most comprehensive dispersion testing of tablets and capsules to date, with more than 160 medicines tested for physical suitability of administration into enteral feeding tubes, in partnership with the Department of Pharmacy and Pharmacology at University of Tasmania. Testing of another 150+ medicines is underway, to inform future updates.'

'The new edition also clearly highlights tablets or capsules that are considered large, given evidence that suggests large tablets and capsules may increase the risk of choking, even for people without recognised swallowing difficulties.'

Don't Rush to Crush+ is now available via the [eMIMS](#) and [AusDI](#) platforms.

ends

For more information, contact:

Caroline Barlow

Media & Stakeholder Relations | cbarlow@adpha.au | 0436 009 138

About Advanced Pharmacy Australia:

Advanced Pharmacy Australia (AdPha) is the progressive voice of Australian pharmacists and technicians, built on more than 80 years of hospital innovation that puts the patient at the centre of everything we do. AdPha supports all pharmacy practitioners, working with interdisciplinary teams across hospitals and health services, to realise their full potential. We are the peak body committed to forging stronger connections in health care by extending advanced pharmacy expertise from hospitals to everywhere medicines are needed.

adpha.au